B.L.D.S.A ONE HOUR POSTAL SWIM "BULK ENTRY" FORM

PLEASE COMPLETE IN BLOCK CAPITALS, THANKYOU

The following listed swimmers have taken part and completed the One Hour swim in accordance with the rules laid down, under supervision of suitably qualified Officials. All details have been checked by us and verified as correct.

Club	**Nationality**			**Official Use Only**	
Swimmers First Name	**Surname**	**Sex (M or F)**	**Age on 1st January**	**Total distance in Metres**	**Disability H1,H2,H3**